

AMBITUS

REFORMER PILATES

All classes must be prebooked. We recommend to plan and book your classes in advance to secure your slot. We understand that plans can change, if you need to cancel your session please do so at least 12 hours in advance to allow your space to be filled. One session will be deducted for late cancellations.

QUARTET CLASS SCHEDULE

MON

10:15

15:30

16:30

17:30

18:30

TUE

8:15

9:15

WED

10:15

15:30

16:30

17:30

18:30

THU

8:15

9:15

Duration of the class: 45 minutes

We operate a 15 minute latecomer policy for our classes, anyone who arrives after the 15 minute window will not be admitted into class.